

Impact of different levels of Alcohol Consumption on Memory Performance

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Abstract

Aim of the present study was to examine the impact of different levels of alcohol consumption on memory performance. This study was conducted on 61 alcoholic selected on availability basis. ANOVA, and t-test were used to analyse the data. Results revealed that higher level of alcohol consumption (heavy drinkers) leads to poor memory than lower level of alcohol consumption. Implications for increasing the awareness in general population about harmful effects of alcohol on memory performance and future research directions are discussed.

Key words : Memory, alcohol

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