

Gender Difference in Acculturative Stress and Health among College Students

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Abstract

Present study examined gender differences in acculturative stress and health among college students. The sample consists of 219 Kashmiri college students (male = 52.10%, female = 47.90%; mean age = 23.30 years, $SD = 1.70$) who migrated to Bhopal for receiving education completed self reported measures of acculturative stress and health. The findings of the study revealed that female participants reported higher acculturative stress in comparison to their male counterparts. Gender differences in health typically reflect a similar pattern; female participants reported more health problems in all dimensions of general health than male participants. Implications of present findings for student's health are discussed.

Keywords: Gender, Acculturative stress, Health, Kashmiri students

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